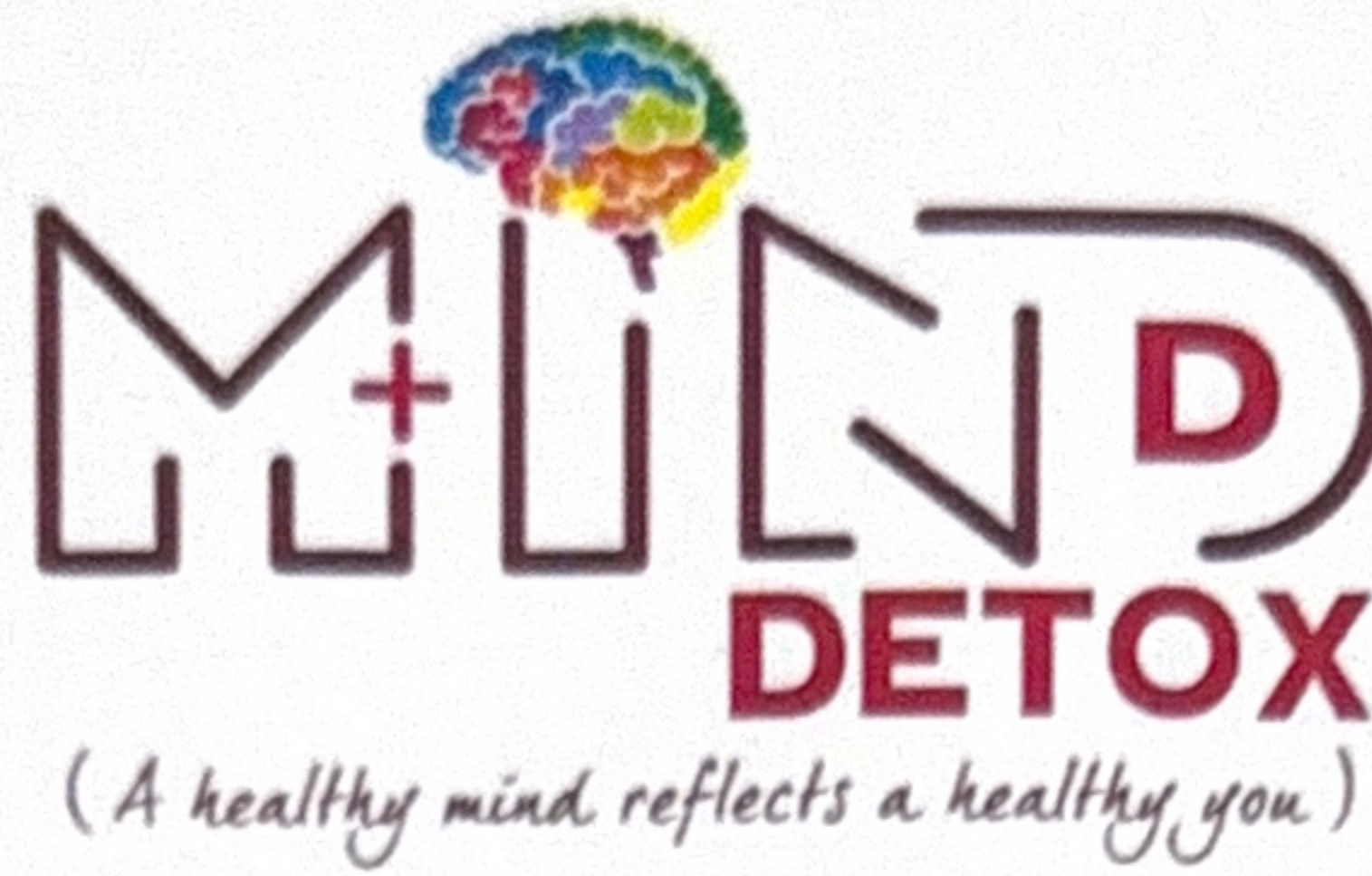




LETTER OF RECOMMENDATION

To the Admissions Committee,

I am pleased to recommend **Ciona Dewan**, who is pursuing her Internship in Psychology under my supervision at **Mind Detox**.

During the internship, she is demonstrating strong academic grounding, clinical maturity, and ethical awareness. Her training includes supervised clinical observation, case discussions, and exposure to psychological assessment and documentation. She is consistently approaching mental health settings with professionalism, analytical clarity, and sensitivity.

Based on her performance and commitment to the field, I consider her well-prepared for advanced academic training in psychology.

Vandita

Sincerely,

Dr. Vandita Agrawal

(Clinical Counseling Psychologist)



CERTIFICATE OF INTERNSHIP

This is to certify that **Ciona Dewan** has been pursuing her **Clinical Psychology Internship** under my supervision from **17th May 2025** till date at **MIND DETOX**.

Her training involves supervised clinical observation, case formulation discussions, psychological assessment exposure, and documentation, conducted in strict adherence to professional ethics and confidentiality.

Her performance has been very professional and satisfactory throughout the internship.

Issued on: 25th August 2026

Place: Amritsar, Punjab

A handwritten signature in green ink that reads "Vandita".

Dr. Vandita Agrawal
(Clinical Counseling Psychologist)

During the internship period, she is being provided structured and supervised exposure to a range of psychological and psychiatric cases, including but not limited to:

- Anxiety disorders and stress-related conditions
- Depressive disorders and mood disturbances
- Behavioral and emotional issues in children and adolescents
- Learning difficulties and attention-related challenges
- Adjustment issues, interpersonal conflicts, and trauma-informed cases
- Psychoeducation, counseling processes, and mental health awareness interventions

Her role involved observational learning, guided case discussions, assessment interpretation (non-diagnostic), report documentation, ethical case handling, and reflective analysis under supervision. No independent diagnosis or intervention was conducted, in adherence to professional ethical standards.

This exposure has been designed to provide a realistic, ethical, and academically aligned understanding of applied psychology and mental health practice.

Vandita

Issued on: 25th August 2026

Dr. Vandita Agrawal



NATURE OF PSYCHIATRIC & PSYCHOLOGICAL EXPOSURE

TO WHOM IT MAY CONCERN

This letter is issued to formally outline the scope of psychological and psychiatric exposure undertaken by **Ciona Dewan** during her summer internship at **Mind Detox**.